

SELECT YOUR STYLE

PITA \$6,95	SALAD BOWL \$8,95	RICE BOWL \$8,95
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PICK YOUR PROTEIN

CHICKEN CALIFORNIA
CHICKEN BREAST & BACON



SPICY GARLIC CHICKEN



SRIRACHA CHICKEN



SANTA FE
SALSA CHICKEN & AVOCADO



MEAN GREEN
FALAFEL, HUMMUS, AVOCADO & FETA



ROASTED VEGGIES



TERIYAKI CHICKEN



CHICKEN BREAST



ADD CHEESE \$0,75	ADD AVOCADO \$1,50	ADD QUINOA/ SWEET POTATO \$1	ADD DOUBLE MEAT \$2
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ALL FRUIT SMOOTHIES

BANANA BERRY
STRAWBERRY, BANANA & APPLE JUICE

MANGO TANGO
MANGO, BANANA & ORANGE JUICE

BLUE LAGOON
BLUEBERRY, RASPBERRY, BANANA & APPLE JUICE

WILD BERRY
BLUEBERRY, RASPBERRY, STRAWBERRY & APPLE JUICE

GRANOLA CRUNCH
OAT GRANOLA, PEANUT BUTTER, BANANA, HONEY & MILK

PINEAPPLE LOVELY
PINEAPPLE, MANGO, BANANA, PINEAPPLE & APPLE JUICE

SOY MILK | ALMOND MILK | COCONUT MILK + \$0.75

LARGE \$6,99	MEDIUM \$5,99	COMBO \$3,99	GO COMBO ADD A JUICE/SMOOTHIE TO YOUR MEAL
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DR JUICE

KALE POWER
KALE, AVOCADO, LEMON & APPLE

GREEN MACHINE
SPINACH, CUCUMBER, LEMON & APPLE

HEART BEAT
BEETROOT, CARROT, LEMON & APPLE

PINACOLADA
PINEAPPLE, LEMON, CUCUMBER & APPLE

ENERGISER
CELERY, BROCCOLI, CUCUMBER, LEMON & APPLE

LEMON GINGER ZINGER
CARROT, GINGER, LEMON & APPLE

POWER SMOOTHIES

MOCHA NANA
MOCHA CHOCOLATE SAUCE, BANANA, MILK, HONEY & WHEY PROTEIN

BERRY WORK OUT
RASPBERRY, BLUEBERRY, STRAWBERRY, APPLE JUICE & WHEY PROTEIN

MANGO NANA
MANGO, STRAWBERRY, BANANA, ORANGE JUICE & WHEY PROTEIN

G SHAKE
BLUEBERRY, RASPBERRY, OAT GRANOLA, HONEY, MILK & WHEY PROTEIN

LIFT ME UP
PEANUT BUTTER, BANANA, HONEY, MILK & WHEY PROTEIN

RASPBERRY WHITE CHOCOLATE
WHITE CHOCOLATE SAUCE, BANANA, RASPBERRIES, MILK & WHEY PROTEIN

LARGE \$7,99	MEDIUM \$6,99	COMBO \$4,99	GO COMBO ADD A JUICE/SMOOTHIE TO YOUR MEAL
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PLANT BASED SMOOTHIES

NUTTY ALMOND
ALMOND MILK, SPINACH, BANANA, ALMOND BUTTER & CHIA SEEDS

FAT BURNER
COCONUT MILK, KALE, RASPBERRIES, BLUEBERRIES, PEANUT BUTTER & CHIA SEED

ACAI DETOX
AÇAI, ALMOND MILK, STRAWBERRIES, BLUEBERRIES & RASPBERRIES

MATCHA MANGO GREEN TEA
COCONUT MILK, SPINACH, MANGO, CHIA SEEDS & MATCHA GREEN TEA

GREEN MONSTER
SPINACH, AVOCADO, MANGO, CHIA SEEDS & APPLE JUICE

HULK
KALE, AVOCADO, BANANA, CHIA SEEDS & APPLE JUICE

LARGE \$7,99	MEDIUM \$6,99	COMBO \$4,99	GO COMBO ADD A JUICE/SMOOTHIE TO YOUR MEAL
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SIGNATURE BOWLS

SUPER POWER BOWL

WARM QUINOA, SPINACH, AVOCADO, CHICKEN, FETA & PUMPKIN SEEDS

KALE CAESAR

SHREDDED KALE, ROMAINE, WARM QUINOA, AVOCADO, CHICKEN, SHAVED PARMASEN & PUMPKIN SEEDS

SUPER VEGGIE BOWL

ROASTED SWEET POTATOES, AVOCADO, FALAFEL WARM QUINOA, SPINACH, KALE, WALNUT & FETA

GREEK GODESS

HUMMUS, SPICY KALAMATA OLIVES, BABA GANOUSH, QUINOA, SPINACH, FETA & PUMPKIN SEEDS

SIDES

HOMEMADE SOUP

SERVED WITH SOUR DOUGH BREAD \$5,95

PITA & HUMMUS

SERVED WITH HOMEMADE CHILLI SAUCE \$4,95

ADD CHEESE \$0,75	ADD AVOCADO \$1,50	ADD QUINOA/ SWEET POTATO \$1	ADD DOUBLE MEAT \$2
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ICE
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FEEL GOOD!

BREAKFAST BAGEL

\$4.95

SMASHED AVOCADO

SCRAMBLED EGG, SMASHED AVOCADO, SPINACH & FETA

MED BREAKFAST

FETA, SPINACH, TOMATO, RED ONION & EGG

BACON & EGG

SPICY CHICKEN & EGG

HAM & EGG

PEANUT BUTTER & JELLY

TEX MEX BURITTO

SCRAMBLED EGG, BACON, RED ONION, GREEN PEPPERS, JAPENO, CHEDDAR & HOME MADE HOT SAUCE

\$5.99

BREAKFAST BOWLS

\$7.99

BREAKFAST POWER BOWL

SCRAMBLED EGG, QUINOA, SPINACH, AVOCADO, CHICKEN BREAST CHEDDAR & PUMPKIN SEEDS

BREAKFAST VEGGIE BOWL

SCRAMBLED EGG, QUINOA, SWEET POTATO, SPINACH, AVOCADO, CHEDDAR & PUMPKIN SEEDS

OMELLETTES

\$7.99

POWER OMELETTE

SPINACH, TOMATO, RED ONION, CHICKEN BREAST, EGG WHITES & FETA

SOUTH WEST

TOMATO, RED ONION, JALAPENO, KALE, EGG & CHEDDAR

FARM HOUSE

HAM, KALE, MUSHROOMS, EGG & CHEDDAR

MEDITERRANEAN

FETA, SPINACH, TOMATO, RED ONION & EGG

ALL SERVED WITH WHEAT TOAST

WELLNESS SHOTS

GINGER SHOT

GINGER, LEMON & APPLE

B-SHOT

BEETROOT, LEMON & APPLE

TUR-ME-RIC SHOT

TURMERIC, APPLE & CAYENNE PEPPER

\$2.99

JU
BR

EAT. DRINK.